



SOTAI THERAPIES

KI YOGA RETREAT SUMMER

DATE & TIME:

4pm Friday 21st - 3pm Sunday 23rd January 2011

VENUE:

Billabong Retreat Center, Maraylya
www.billabongretreat.com.au

COST:

\$575 per person twin share

HOSTS:

Edwina Blush - Our Chef
Sam Hillier, Bec Fish &
Cate Peterson - Yoga Teachers
Thomas Walsh - Qi Gong Teacher

In Summer when the Earth's energy is at it's peak so are we!
Join us for this inspiring weekend away to strengthen your small intestines for improved diges-
tion as well as boosting your heart energy for greater creative flow & joy in your life.

The weekend will give you more zest for life, courage to follow your heart & energy to achieve
your goals!

CONTACT:

Bec 0425 233 583 for enquiries and bookings.
Email: contact@sotaitherapies.com.au



FIRE



WOOD



EARTH



METAL



WATER

www.sotaitherapies.com.au