



UPCOMING EVENTS

SUMMER

THE PERFECT DETOX

KICKSTART TO 2012!

It's time to cleanse, rejuvenate and feel more energised after the Christmas feasting & well earned holiday!

Let's knuckle down to work hard and clean out our system of waste & toxins (plus second helpings of pudding!) to feel fresher, more inspired and happier.

The perfect detox kickstart to your new year & an excellent opportunity to set yourself up for an awesome 2012 - year of the Dragon!

Join us for the 7 day Summer Detox to get all of this plus more!!!

When: 16th - 22nd January 2012

Time: 6:00am - 7:00am

Cost: \$175 - Includes organic breakfast, Summer Detox Notes & Recipes



Get a
FREE
Yoga Class!*

**CONTACT US TO
BOOK YOUR PLACE TODAY!**

***Just book & pay before 22nd December**

SOTAI



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www.sotaitherapies.com.au